

June-July 2020



# Caspa Online

A six week part time course for the future of theatre



**Caspa Arts**

**“The theatrical landscape  
is changing & we will be  
at the forefront.”**

# 01 | What is Caspa Online?

## Part-time actor training

Caspa Online is a part-time actor training course to help actors take back some of the power that this pandemic has taken away. We will be working to predict where creatives fit in the theatrical landscape during lockdown and beyond. The course will connect you with like-minded creatives & aim to provide the skill, ability & confidence to create digital theatre.



## Class Schedule

**Thursdays, 2-4pm**

**Fridays, 12-1pm & 2-4pm**

5 hours a week

6 weeks

**6th August - 11th September 2020**

Ending with a digital showcase

**Fees**    **£180 / £150\***

(£6 / £5 an hour)

*Plus two half-scholarship available for under-represented creatives.*

*Payment plans available.*



## 02 Weekly schedule

### **Week One** *(6th & 7th August)*

Intro to Caspa Online, voice, movement & industry workshop.

### **Week Two** *(13th & 14th August)*

Intro to self-tapes, showcase preparation & acting technique

### **Week Three** *(20th & 21st August)*

Industry masterclass, voice & movement

### **Week Four** *(27th & 28th August)*

Industry masterclasses

### **Week Five** *(3rd & 4th September)*

Showcase rehearsals, voice & movement

### **Week Six** *(9th & 10th September)*

Showcase filming





**Michelle Payne**

Michelle is a director, playwright & actor from Essex and a recipient of the **Regional Theatre Young Director Scheme** at the Mercury Theatre Colchester. She is also currently working under the **Mercury Theatre Creatives** Professional Development programme.

Directing credits during lockdown include *Submission* by Matt Gurr (Actor Awareness), *The Robbing Class* (&writer, Get Over It productions) & *Much Ado About Nothing* (Bard from the Barn).

Writing credits during lockdown include *Memory Box* (Winner: Mercury Monologues), *F\*\*k the One Show* (Glass Half Full).

*“During this global emergency it has been pivotal to me to keep creating work and to provide opportunities for Caspa students past and present. I’ve designed this course with the current industry at the forefront of the conversation. I want to postpone preparing for an industry that ultimately doesn’t exist for now and the foreseeable future and create a new space to play and produce quality work moving beyond self tapes and live streams.”*

[www.michelle-payne.co.uk](http://www.michelle-payne.co.uk)





**Kira Morsley**

Kira is an Australian voice teacher, singer and actor trained in Australia at the prestigious Western Australian Academy of Performing Arts, and is proud to be Head of Voice at Caspa Arts.

She takes a science-based approach to voice work, keeping up with the latest in Voice Science research, and also incorporates her training in Massage Therapy to work with the body and mind of the student to enable greater ease and creative freedom.

*“Now, more than ever, we need to keep creative, while also acknowledging that we’re on a bit of an emotional rollercoaster. There are links between the voice and mental health, and working with the voice can be a valuable creative outlet. Aspects of breathing and tension release can help reduce anxiety, and it’s important to learn good technique to maintain vocal health so that we’re fighting fit when we come out the other side!”*

[www.kiramorsley.com](http://www.kiramorsley.com)





**Christina Fulcher**

Christina is an inclusive movement director, intimacy coordinator, coach and researcher working nationally and internationally. She holds an MFA in Movement Directing & Teaching from the Royal Central School of Speech & Drama. She is also currently writing academic publications about her experiences as assistant choreographer on the West End production of *EMILIA*.

Movement Directing credits during lockdown include *Collective Inclusive Chats (Inclusion Collective)*; *Why So Blue* by Sharon Kenny (on Hope: a digital song cycle); *Text in Motion: Movement & New Writing* workshop series (Michelle Payne and Part of the Main); *Inclusive Yoga: Chakra Exploration* 7-part series (Zoom); *Movement Sessions & Virtual Rehearsal Room* (FulcherMovement Instagram & Facebook Live).

*“During this pandemic and time of confusion, uncertainty and unrest, I’ve taken the time through waves of patience and the approach of hour by hour to take space to breathe, re-commit to my work, mantra and purpose. My vision is to create a platform where movement feels accessible, inclusive, empowering and lifts your body’s purpose through positive energy to translate academic concepts into manageable sound bites that can be applied in and through a physical language in the body. I am a born this way busy bee; and through commitment, dedication and space I hope to inspire, uplift and shift the vibration of inclusive movement practice together in a collaborative and creative process. The time is now... be bold, brave and awkward. The more you accept who you are ... the more you are free. So show up, and respect the work, space, yourself and others!”*



## Blown Fuse Theatre

Blown Fuse Theatre Company based in Southend-on-Sea produce innovative theatre for inquisitive audiences, consisting of two female multidisciplinary artists wanting to create new performance possibilities and dissect the human condition. Exploring various theatre techniques, we aim to portray stories using multiple disciplines, lighting styles, elements of sound and storytelling techniques, captivating our audiences by engaging all senses.

*"With theatres closing and shows being cancelled, the industry is facing a very challenging time ahead and we think as artists we need to join together and make a return in full force. It's important to stay creative during this time and find new methods to bring theatre to people's homes and stay engaged with the arts!" - Michelle*

*"It's an exciting time to be making work as we've never seen conditions like this before in our generation. It's interesting to be presented with these challenges and finding new ways to overcome them" - Eleanore*



**Michelle Barrington**

**Eleanore Frances**

[www.blownfusetheatre.co.uk](http://www.blownfusetheatre.co.uk)



# 07 Industry masterclass - Theatre Maker

## Ally Poole

Ally Poole is a Texas native and has recently completed an MFA in Advance Theatre Practice from the Royal Central School of Speech and Drama. She is a co-collaborator and sound designer for the female-led theatre collective, Hot Cousin.

Ally received a BFA in Theatre Arts with an Emphasis in Acting and a Music Minor from Stephens College. Upon her graduation she served as the Arts Administration Intern at the Kitchen Theatre Company in Ithaca, NY where she gave a "a tour de force performance" as Maribel Purdy in Catherine Trieschmann's Crooked. Ally has since enjoyed a career as an actor across theatre, film, musical theatre and opera.

Ally attended the 2019 Prague Quadrennial as a member of the 36Q Experimental Sound Intensive. The intensive was comprised of international artists working towards devising an installation while also exploring the relationship between sound and performance. Ally has also participated in residences through Fringe Arts Bath and LADA as a sound artist.

She was most recently seen in The Show Must Go Online's productions of The Two Gentlemen of Verona, Henry VI Part II and The Merry Wives of Windsor. She can also be seen in Hot Cousin's Don't Talk to Strangers as Carl Sagan which completed a run to rave reviews at VAULT Festival 2020. Ally made her London theatrical debut in Women of Troy at the Arcola Theatre, directed by Bec Martin-Williams.

Ally has sound designed for: Scandal and Gallows Theatre's production of She Sells Sea Shells by Helen Eastman, which ran at the 2019 Edinburgh Fringe, A Tingle in the Plumbing: Four Stories of Love & Work for the 2019 Camden Fringe and Sarah Henley's Essence at VAULT Festival 2020.

Ally's headphone piece, 45 Beats: A Soundwalk in the Dark was first commissioned by Fringe Arts Bath: CoLab Sound Exhibit and was then selected as a "Once More With Feeling" project from the Live Arts Development Agency. Ally is also developing her first solo-project, Her Laborious Madness, which is a post-dramatic adaptation of Jorge Louis Borges' short story, The Secret Miracle. Ally is both writing and composing music/sound for Her Laborious Madness and the work will be presented through headphones.



Ally Poole

[www.allypoole.com](http://www.allypoole.com)



### Ameena Hamid

*Ameena is a creative producer based in London. She produces work that puts underrepresented voices centre stage and is particularly passionate about increasing inclusivity and representation in theatre. She was one of the EdFringe and British Council's Emerging Producers for 2019 and is currently on Stage One's Bridge the Gap Programme.*

*During the lockdown, she set up a page to showcase 2020 Graduates and begun curating The Graduate Festival for The Actor's Centre. As well as opening script submissions, Ameena is currently developing a programme of digital content that includes Q&As, a podcast play and more.*

*"I think this is a great time to connect with and pay more attention to other people in the industry. Having time and a webcam allows us to chat with creatives across the world and read a lot of work. But it's also a great time to be creative, Creating a summer programme that is entirely digital was a new challenge but one that inspires creative thinking about new formats and how to use what you have in new ways."*



**Ameena Hamid**

[www.ameenahamidproductions.co.uk](http://www.ameenahamidproductions.co.uk)



## Sydney Aldridge

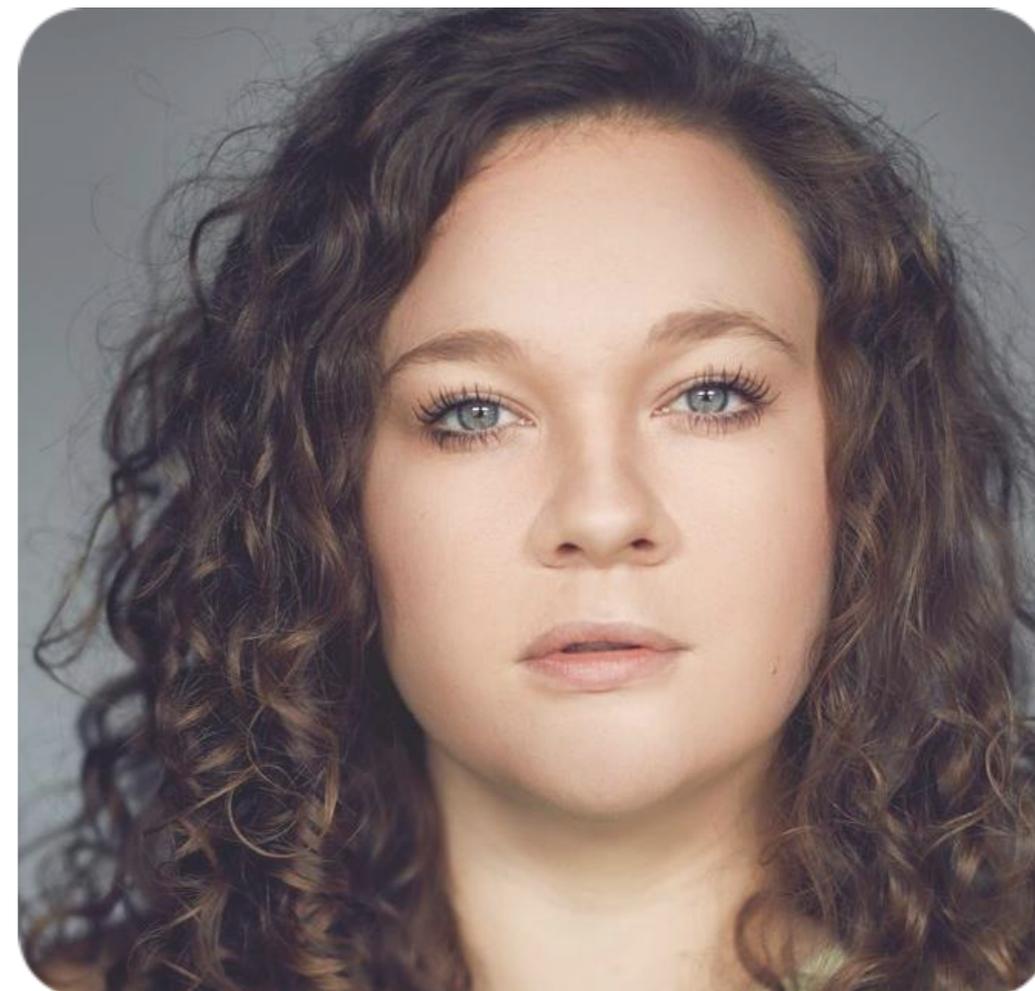
Sydney has been working in casting since 2015. Starting her journey as a casting assistant at Beach Casting and later moving on to work with Rose Wicksteed, Anna McAuley and most recently, Sasha Robertson.

In 2017, Sydney started casting independently working primarily in stage. Sydney is the in-house casting director for Red Rose Chain; working on productions such as *Much Ado About Nothing*, *Private Lives*, *Romeo & Juliet* and most recently, *Twelfth Night*. Sydney's film work includes short films directed by Nicole Pott, Cameron Turnball, James Arden and Idris Fassasi.

During Lockdown, Sydney has started the Showcase Self Tape initiative for 2020 graduates. She has managed to get a mixture of 28 agents and casting directors to watch the self tapes. Sydney is also casting a weekly Shakespeare play for The Show Must Go Online.

### **Everything is Going to be Alright - Derek Mahon**

*"The sun rises in spite of everything  
and the far cities are beautiful and bright.  
I lie here in a riot of sunlight  
watching the day break and the clouds flying.  
Everything is going to be all right."*



Sydney Aldridge

[www.sydneyaldridgecasting.co.uk](http://www.sydneyaldridgecasting.co.uk)



*“Actors are brimming with creativity. I want to work with artists who excite me, who are passionate about creativity and eager to explore it. I want to work with multi-platform artists who are taking their creativity to the next level and exploring all mediums. I want to nurture, develop and inspire creativity. This is JBR Creative Management.”*

[www.jbragent.com](http://www.jbragent.com)



**J of JBR Management**



# 11 Digital Showcase



Our 6 week course will end with a digital showcase to celebrate our hard work. This will be a collaborative piece conceived in class utilising the tools you learn throughout the course. We will be inviting our industry guests and reaching out to ensure our online premiere is well attended.

This piece will exist on the Caspa YouTube channel after the premiere and you will all be provided with the link.



# 12 Apply



To apply please visit  
[www.caspa-arts.com](http://www.caspa-arts.com)

and fill in our short online  
application form.

The first three sign ups will  
receive the course for £150

