

June-July 2020



# Caspa Online

A six week part time course for the future of theatre



**Caspa Arts**

**“The theatrical landscape  
is changing & we will be  
at the forefront.”**

# 01 | What is Caspa Online?

## Part-time actor training

Caspa Online is a part-time actor training course to help actors take back some of the power that this pandemic has taken away. We will be working to predict where creatives fit in the theatrical landscape during lockdown and beyond. The course will connect you with like-minded creatives & aim to provide the skill, ability & confidence to create digital theatre.



## Class Schedule

**Thursdays, 2-4pm**

**Fridays, 12-1pm & 2-4pm**

5 hours a week

6 weeks

**4th June - 10th July 2020**

Ending with a digital showcase

**Fees**     **£150 / £125**

(£5 / £4.20 an hour)

*Plus two half-scholarship available for under-represented creatives.*

*Payment plans available.*



## 02 Weekly schedule

### **Week One** *(4th & 5th June)*

Intro to Caspa Online, voice, movement & industry workshop.

### **Week Two** *(11th & 12th June)*

Intro to self-tapes, showcase preparation & acting technique

### **Week Three** *(18th & 19th June)*

Industry masterclass, voice, movement & acting technique

### **Week Four** *(25th & 26th June)*

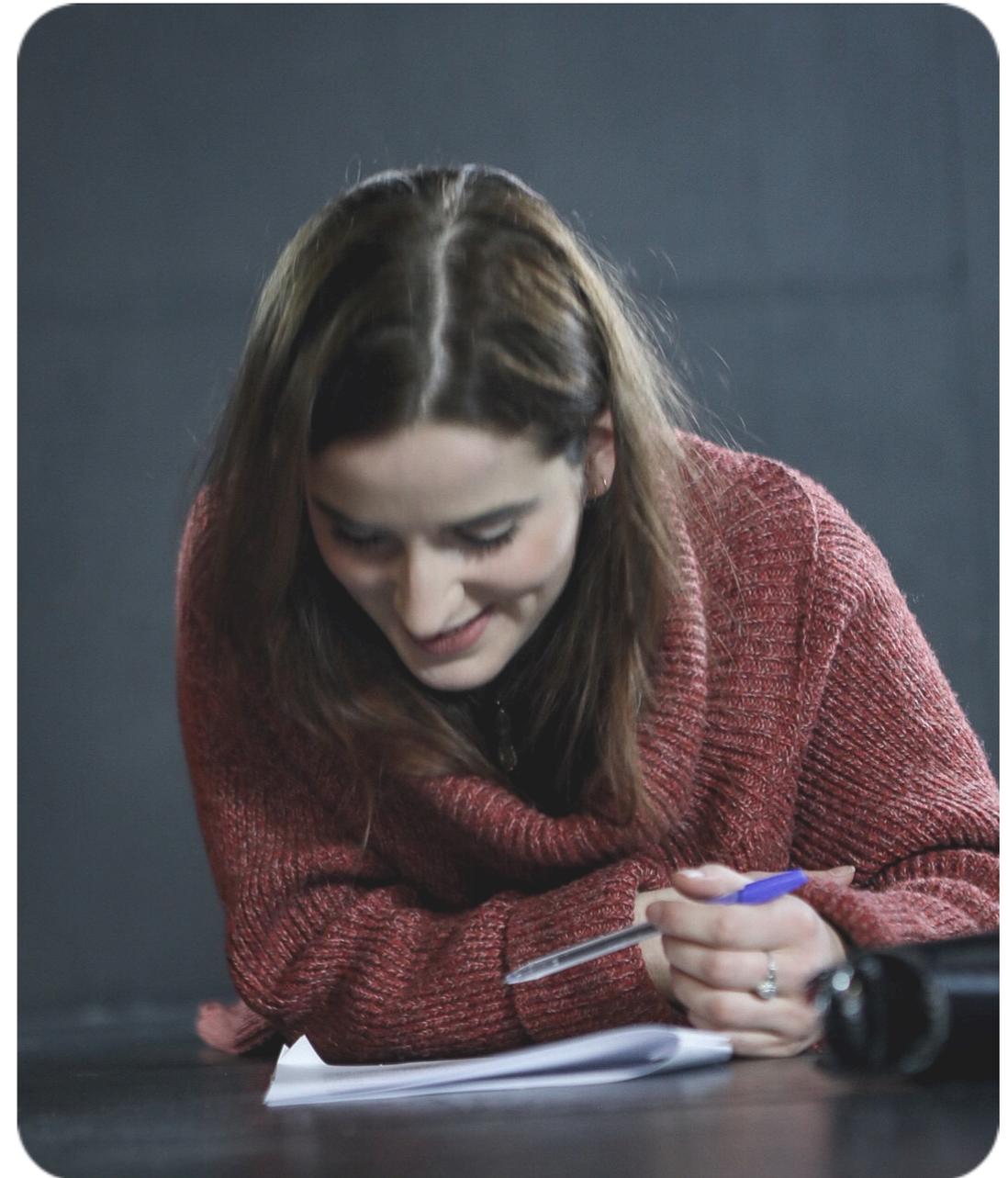
Industry masterclasses, Q&A with an artistic director & showcase preparation

### **Week Five** *(2nd & 3rd July)*

Showcase rehearsals, voice & movement

### **Week Six** *(9th & 10th July)*

Showcase filming





**Michelle Payne**

Michelle is a director, playwright & actor from Essex and a recipient of the **Regional Theatre Young Director Scheme** at the Mercury Theatre Colchester. She is also currently working under the **Mercury Theatre Creatives** Professional Development programme.

Directing credits during lockdown include *Submission* by Matt Gurr (Actor Awareness), *The Robbing Class* (&writer, Get Over It productions) & *Much Ado About Nothing* (Bard from the Barn).

Writing credits during lockdown include *Memory Box* (Winner: Mercury Monologues), *F\*\*k the One Show* (Glass Half Full).

*“During this global emergency it has been pivotal to me to keep creating work and to provide opportunities for Caspa students past and present. I’ve designed this course with the current industry at the forefront of the conversation. I want to postpone preparing for an industry that ultimately doesn’t exist for now and the foreseeable future and create a new space to play and produce quality work moving beyond self tapes and live streams.”*

[www.michelle-payne.co.uk](http://www.michelle-payne.co.uk)





**Kira Morsley**

Kira is an Australian voice teacher, singer and actor trained in Australia at the prestigious Western Australian Academy of Performing Arts, and is proud to be Head of Voice at Caspa Arts.

She takes a science-based approach to voice work, keeping up with the latest in Voice Science research, and also incorporates her training in Massage Therapy to work with the body and mind of the student to enable greater ease and creative freedom.

*“Now, more than ever, we need to keep creative, while also acknowledging that we’re on a bit of an emotional rollercoaster. There are links between the voice and mental health, and working with the voice can be a valuable creative outlet. Aspects of breathing and tension release can help reduce anxiety, and it’s important to learn good technique to maintain vocal health so that we’re fighting fit when we come out the other side!”*

[www.kiramorsley.com](http://www.kiramorsley.com)





**Christina Fulcher**

Christina is an inclusive movement director, intimacy coordinator, coach and researcher working nationally and internationally. She holds an MFA in Movement Directing & Teaching from the Royal Central School of Speech & Drama. She is also currently writing academic publications about her experiences as assistant choreographer on the West End production of *EMILIA*.

Movement Directing credits during lockdown include *Collective Inclusive Chats (Inclusion Collective)*; *Why So Blue* by Sharon Kenny (on Hope: a digital song cycle); *Text in Motion: Movement & New Writing* workshop series (Michelle Payne and Part of the Main); *Inclusive Yoga: Chakra Exploration* 7-part series (Zoom); *Movement Sessions & Virtual Rehearsal Room* (FulcherMovement Instagram & Facebook Live).

*“During this pandemic and time of confusion, uncertainty and unrest, I’ve taken the time through waves of patience and the approach of hour by hour to take space to breathe, re-commit to my work, mantra and purpose. My vision is to create a platform where movement feels accessible, inclusive, empowering and lifts your body’s purpose through positive energy to translate academic concepts into manageable sound bites that can be applied in and through a physical language in the body. I am a born this way busy bee; and through commitment, dedication and space I hope to inspire, uplift and shift the vibration of inclusive movement practice together in a collaborative and creative process. The time is now... be bold, brave and awkward. The more you accept who you are ... the more you are free. So show up, and respect the work, space, yourself and others!”*



### Blown Fuse Theatre

Blown Fuse Theatre Company based in Southend-on-Sea produce innovative theatre for inquisitive audiences, consisting of two female multidisciplinary artists wanting to create new performance possibilities and dissect the human condition. Exploring various theatre techniques, we aim to portray stories using multiple disciplines, lighting styles, elements of sound and storytelling techniques, captivating our audiences by engaging all senses.

*"With theatres closing and shows being cancelled, the industry is facing a very challenging time ahead and we think as artists we need to join together and make a return in full force. It's important to stay creative during this time and find new methods to bring theatre to people's homes and stay engaged with the arts!" - Michelle*

*"It's an exciting time to be making work as we've never seen conditions like this before in our generation. It's interesting to be presented with these challenges and finding new ways to overcome them" - Eleanore*



**Michelle Barrington**

**Eleanore Frances**

[www.blownfusetheatre.co.uk](http://www.blownfusetheatre.co.uk)



## 07 Industry masterclass - Playwright

### Guleraana Mir

Guleraana is an award-winning writer, theatre practitioner and one half of The Thelmas, a female-led theatre company devoted to empowering women to redress the equality imbalance in the arts. She is passionate about creating diverse stories that are rooted in our modern society, and using her voice to explore what makes us human.

Writing credits include: *Santi & Naz* VAULT Festival 2020, *The Bigger Picture* (audio) as part of Decolonising History 2019, *We're Just Getting Started* Royal Exchange Theatre, Manchester 2019, *Make Noise* (audio) as part of Forgotten Women 2018, *Mano's* Mulberry School & RichMix 2018, and *Coconut Ovalhouse* and national tour 2018.

*"The global pandemic has really forced me to reconnect with what's most important to me - rest, recuperation and writing authentic stories that bring something different to the mainstream. I've been using the fear that no-one in our industry will want to take a 'risk' once we reopen to fuel my imagination."*



Guleraana Mir

[www.thethelmas.co.uk](http://www.thethelmas.co.uk)



### Ameena Hamid

*Ameena is a creative producer based in London. She produces work that puts underrepresented voices centre stage and is particularly passionate about increasing inclusivity and representation in theatre. She was one of the EdFringe and British Council's Emerging Producers for 2019 and is currently on Stage One's Bridge the Gap Programme.*

*During the lockdown, she set up a page to showcase 2020 Graduates and begun curating The Graduate Festival for The Actor's Centre. As well as opening script submissions, Ameena is currently developing a programme of digital content that includes Q&As, a podcast play and more.*

*"I think this is a great time to connect with and pay more attention to other people in the industry. Having time and a webcam allows us to chat with creatives across the world and read a lot of work. But it's also a great time to be creative, Creating a summer programme that is entirely digital was a new challenge but one that inspires creative thinking about new formats and how to use what you have in new ways."*



**Ameena Hamid**

[www.ameenahamidproductions.co.uk](http://www.ameenahamidproductions.co.uk)



## Sydney Aldridge

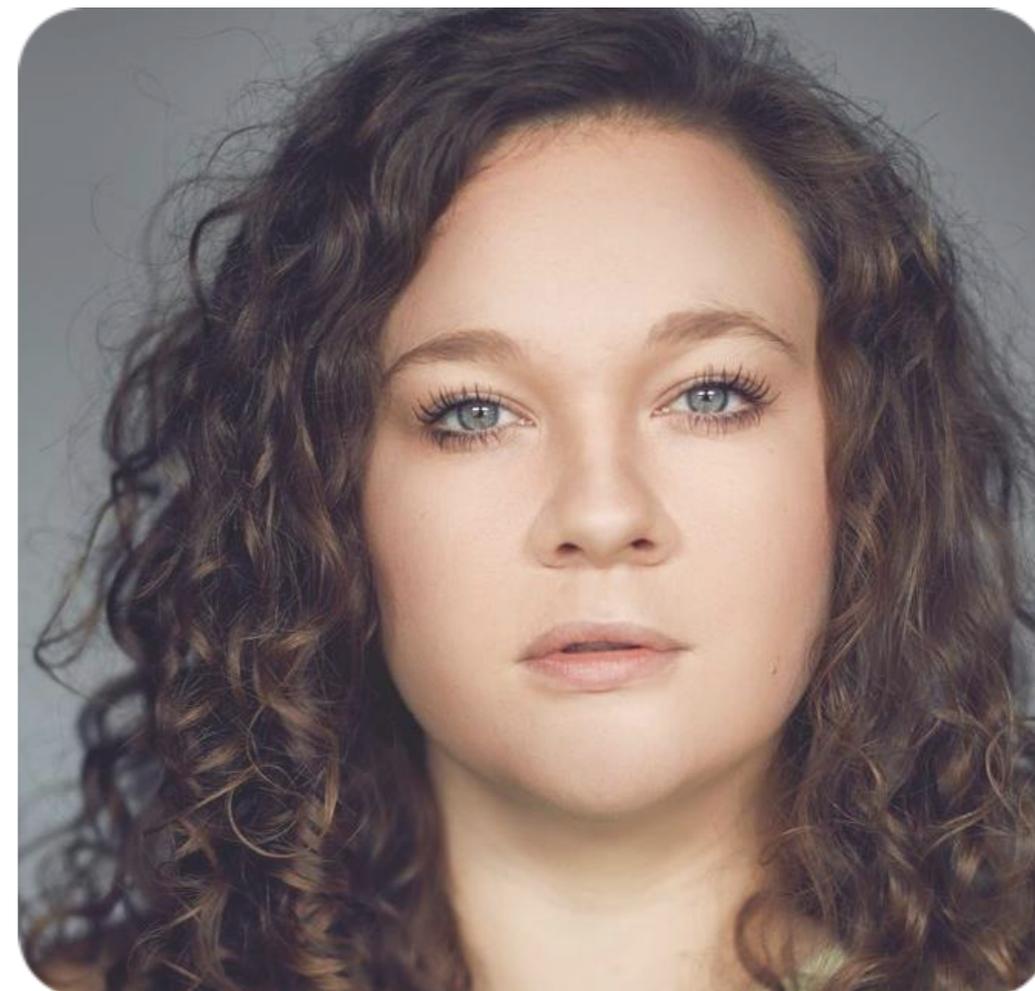
Sydney has been working in casting since 2015. Starting her journey as a casting assistant at Beach Casting and later moving on to work with Rose Wickstead, Anna McAuley and most recently, Sasha Robertson.

In 2017, Sydney started casting independently working primarily in stage. Sydney is the in-house casting director for Red Rose Chain; working on productions such as *Much Ado About Nothing*, *Private Lives*, *Romeo & Juliet* and most recently, *Twelfth Night*. Sydney's film work includes short films directed by Nicole Pott, Cameron Turnball, James Arden and Idris Fassasi.

During Lockdown, Sydney has started the Showcase Self Tape initiative for 2020 graduates. She has managed to get a mixture of 28 agents and casting directors to watch the self tapes. Sydney is also casting a weekly Shakespeare play for The Show Must Go Online.

### **Everything is Going to be Alright - Derek Mahon**

*"The sun rises in spite of everything  
and the far cities are beautiful and bright.  
I lie here in a riot of sunlight  
watching the day break and the clouds flying.  
Everything is going to be all right."*



Sydney Aldridge

[www.sydneyaldridgecasting.co.uk](http://www.sydneyaldridgecasting.co.uk)



# 10 Industry masterclass - Artistic Director

## Ryan McBryde

Ryan McBryde is the Creative Director for the Mercury Theatre, Colchester.

His productions for the Mercury include: Moll Flanders and Pieces Of String (the latter was nominated for UK Theatre Award for Best Musical Production and won Best New Musical at the Stage Debut Awards). Other recent credits include: Romeo And Juliet for Theatre Trier, Germany; Faust and 1984 at the Alte Schauspielhaus, Stuttgart (1984 was nominated for the prestigious Theaterpreis Der Faust and Faust won the Stuttgart Audience Award); Love On The Links, Before The Party, Beauty And The Beast, Cinderella, Aladdin and Jack And The Beanstalk for Salisbury Playhouse (Jack won Best Pantomime 2018 at the Great British Panto Awards); The Invisible Man for the Queens Theatre, Hornchurch; Saturday Night Fever UK Tour; Angus, Thongs And Even More Snogging at the West Yorkshire Playhouse and The Who's Tommy, European Tour. His production of Hamlet! The Musical at the Royal and Derngate, Northampton and Richmond Theatre, won the WhatsOnStage Theatregoers' Choice Award.

Other credits include; the world premiere of A Day at the Racists, Finborough Theatre / Barking Broadway, which won the Harold Pinter Playwright's Award; The House Of Mirrors And Hearts, Arcola Theatre; a revival of On The 20th Century, Union Theatre; the German musical premieres of Spring Awakening and The Full Monty; The Donkey Show, Proud London; The Ruling Class, Sweet Charity, Hysteria, Hair – The Musical, Deathtrap and The Fox for the Frankfurt English Theatre; Lia's Guide To Winning The Lottery, Bridewell Theatre; the world premiere of Terje Vigen at the Royal Concert Hall, Oslo / Arts Theatre, London. Ryan has also directed The Crucible and Fruhlings Erwachen for the Alte Schauspielhaus, Stuttgart.

Ryan co-founded Rogue State Theatre Company in 2002 and has directed five of their productions including – Heart of a Dog (The Assembly Rooms, Edinburgh), The Adding Machine (Courtyard Theatre, London) and Gogol's Underdogs (Edinburgh Festival). Ryan worked for the RSC on the development of their Matilda musical and the National Studio on Tory Amos' The Light Princess. Ryan was Resident Director on the musical's Billy Elliot and Bat Boy in the West End, Cinderella at the Old Vic and Associate Director on The Common Pursuit at the Menier Chocolate Factory.

Ryan is associate director for Perfect Pitch Musicals.



Ryan McBryde

[www.ryanmcbryde.com](http://www.ryanmcbryde.com)



# 11 Digital Showcase



Our 6 week course will end with a digital showcase to celebrate our hard work. This will be a collaborative piece conceived in class utilising the tools you learn throughout the course. We will be inviting our industry guests and reaching out to ensure our online premiere is well attended.

This piece will exist on the Caspa YouTube channel after the premiere and you will all be provided with the link.



# 12 Apply



To apply please visit  
[www.caspa-arts.com](http://www.caspa-arts.com)

and fill in our short online  
application form.

The first three sign ups will  
receive the course for £125

